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Re-insured by



Handbook & Membership Agreement

Bulgaria Insurance

# HEALTH WITHOUT BORDERS

International Healthcare Plans

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1st November 2020

For information on claims/questions or evacuation/repatriation requests  
please contact our Customer service center at  
+ 359 (0) 700 13 555  
or via email: [claims.health@bulgariainsurance.bg](mailto:claims.health@bulgariainsurance.bg)  
Opening hours  
Monday – Friday from 9:00 till 17:30

24/7 Health information helpline  
Please call +44 (0) 1892 556 753  
for more information on this service, go to p. 21

## INTRODUCTION

### HEALTH WITHOUT BORDERS

Superior medical protection and services for you

Dear Members,

This handbook has been produced to set out all the features and benefits of the Bulgaria Insurance Health Without Borders Plans reinsured by AXA PPP healthcare Limited, designed for residents of Bulgaria. Bulgaria Insurance and AXA PPP healthcare Limited have a reinsurance treaty to provide these plans. Your certificate of insurance will show the name of the plan which applies to you. The certificate of insurance, the benefits table in this handbook relating to your plan and the handbook itself should be read together. This handbook also contains the membership agreement including definitions relevant to your plan. If there is anything you do not understand do not hesitate to call the Health Insurance Department of Bulgaria Insurance.

Take a few moments to refresh your memory about your Bulgaria Insurance International Healthcare Plan, then relax and look forward to the highest standards of service from Bulgaria Insurance. You can rest assured that we'll be there to support you.

Thank you for choosing Health Without Borders by Bulgaria Insurance, reinsured by AXA PPP healthcare Limited.

Signed for and on behalf of Bulgaria Insurance.

Nikolai Logofetov  
CEO

Svetla Saveva-Koleva  
CEO

## WHAT YOU NEED TO DO BEFORE YOU HAVE TREATMENT

Call us before having treatment on +359 (0)700 13 555

You must telephone our Health Insurance Department when planning any of the following:

- In-patient or daycare treatment in Bulgaria or abroad (this is treatment for which you are admitted to a hospital or clinic even if only for a few hours) or if you need emergency evacuation and repatriation services;
- The following diagnostic tests must be pre-approved by us whether taken on an in-patient, daycare or out-patient basis:
  - An MRI scan
  - A CT scan
  - PET scans
  - Gastroscopy
  - Colonoscopy
  - Angiography.

We will confirm your level of cover and how it applies to the hospital in which you are to receive treatment. If the treatment is given as an emergency, then you may not be able to contact us beforehand. Do, however, ask somebody to contact us as soon as possible and make sure that, when you are admitted to hospital, the hospital is given your membership details and proof of identity so that they can contact us straight away.

**Please note that failure to identify yourself to a hospital may result in a higher than expected charge for your treatment which we may not be able to settle in full. In such a case you will have to pay the difference.**

Other than for the diagnostic procedures indicated above, you do not need to contact us before receiving out-patient treatment, but we encourage you to do so. We'll be able to explain your cover, so you don't end up having to pay for treatment you're not covered for.

### The advantages of using our networks

#### *Inside our network*

We have negotiated, on your behalf, significant discounts with key providers and practitioners. This means that by using our networks, your benefits will go further. In addition, you will not face shortfalls for eligible treatment received from our network providers. Inside our network eligible in-patient treatment, MRI, Gastroscopy, Colonoscopy, Angiography, CT and PET scans will be settled directly with the provider. You must tell the place where you have your treatment that you benefit from the AXA Global Healthcare's network when outside of Bulgaria.

You can see our Bulgaria Insurance and AXA Global Healthcare's networks by visiting our website [www.bulgariainsurance.bg](http://www.bulgariainsurance.bg). The hospitals in the network of hospitals are continuously reviewed, so you should always check with us before arranging any treatment.

#### *Outside our network*

This facility is not available outside our network and you will be required to pay for your treatment and reclaim eligible costs from us on a reimbursement basis. Please note this does not prevent you from receiving treatment wherever you choose. However, if you use providers outside our network, you must complete a standard claim form. We base all our claims assessment on reasonable and customary charges for the treatment as if it had been received inside our network. Therefore, if you do not use our network, you may face significant shortfalls in your claim. This means that you will have to pay your chosen non-network provider the difference between our negotiated network cost and the price charged by your chosen provider out of your own pocket.

## MAKING A CLAIM

### Direct settlement of bills for in-patient and daycare treatment

When you become a Bulgaria Insurance's Health Without Borders Plan member you will have access to a list of network providers on our website [www.bulgariainsurance.bg](http://www.bulgariainsurance.bg) or, if you request it, from us. These are providers with which we have negotiated special rates and payment facilities, and with which, depending on the type of treatment you need, we can arrange direct settlement. This means that if you require in-patient or daycare treatment and it is received at one of these listed network providers, we will be able to make payment directly to the network provider on your behalf subject to the terms of your plan and providing that treatment has been pre-authorised by Bulgaria Insurance.

In the case of out-patient bills, providers will ask you to pay when you attend and give you a receipted bill to send to Bulgaria Insurance for a reimbursement.

**Please note: We will not make or confirm direct settlement arrangements for treatment which is not eligible under your plan. We reserve the right to delay any such confirmation until we have established the eligibility of the condition that needs treatment.**

Outside Bulgaria we may be able to arrange direct settlement with hospitals outside our network if you ask us before receiving treatment. You must contact us at least 10 days before admission and tell the hospital that you benefit from the AXA Global Healthcare's network. **Failure to advise us at least 10 days in advance of any daycare or in-patient treatment may mean we are unable to make any direct settlement arrangements on your behalf.** We will advise you of whether direct settlement is possible and how much and for how long we will be able to pay for treatment. It is your responsibility to ensure that pre-approval has been received before undergoing planned treatment.

### Claim forms

When you want to make a claim let us know and we will send you a claim form, or you can download this from [www.bulgariainsurance.bg](http://www.bulgariainsurance.bg). You must make sure it is filled in, signed by yourself, the medical practitioner or specialist treating you and sent back to us as quickly as possible, giving us all the information, we request and accompanied by detailed invoices and proof of payment. This will ensure that your claim will be processed promptly. Please note that we will only consider claims made within 90 days of treatment being received at our office: Bulgaria, 1404 Sofia, 83A Bulgaria Blvd., Bulgaria Insurance AD.

## OTHER KEY INFORMATION

### Reasonable & customary charges

In your membership agreement we explain that we will not pay charges which are not fair and reasonable or that are higher than those customarily made. It is obviously important that we should only pay fees that are at the level normally charged. 'Reasonable and customary' is based on the average of the negotiated, discounted costs within our network in the area in which treatment is received. Where no network exists or in respect of independent medical practitioners and other healthcare professionals 'reasonable and customary' is defined as the average cost of the treatment for that country or region according to our records.

## Our position on pre-existing medical conditions

As **you** would expect private healthcare insurance is designed primarily to provide cover for new medical problems arising after joining. However certain conditions, which are unlikely to recur, may be covered.

If **you** have completed a medical history declaration, **your** certificate of insurance of Insurance will indicate the specific **medical conditions** for which **you** are not covered.

Please contact our Health Insurance Department at +359 (0) 700 13 555, in the first instance regarding any questions **you** may have about an existing medical condition.

*What if you didn't tell us about a condition, symptom or a treatment you knew about when we asked?*

Whichever form of underwriting **you** joined on, **we** may have asked **you** some medical questions before agreeing **your** cover. **We** worked out **your** terms or **your** premium based on **your** answers. If **you** did not answer fully or accurately, even if this was by accident, **we** will not cover **treatment** for the condition. This means **we** will not cover **treatment** for any conditions that **you** should have told **us** about when **we** asked, but that **you** either did not tell **us** about at all, or that **you** did not tell **us** the full extent of.

This includes:

- any pre-existing or previous condition, whether **you** had **treatment** for them or not; or
- any previous **medical condition** that recurs; or
- any previous **medical condition** that **you** should reasonably have known about, even if **you** did not speak to a doctor.

Whenever **you** claim, **we** may ask **your** medical practitioner for more information to confirm whether **you** had any symptoms before **you** joined. If **we** need to look at **your** medical history, **we** will need some time to do this before **we** can confirm whether **we** can cover **your** claim.

## Our position on routine treatment

Health insurance is designed to cover problems that **you're** experiencing at the moment, so it generally doesn't cover preventative **treatment**, genetic tests or screening tests.

*What is not covered:*

- preventative **treatment**, such as preventative mastectomy; or
- routine preventative examinations and check-ups; or
- genetic screening tests to check whether:
- **you** have a **medical condition** when **you** have no symptoms; or
- **you** have a genetic risk of developing a **medical condition** in the future; or
- there is a genetic risk of **you** passing on a medical condition.
- genetic tests to identify a **medical condition** where the result of the test isn't proven to change the course of **treatment**. This might be because the course of **treatment** for **your** symptoms will be the same regardless of what **medical condition** has caused them; or
- any other preventative **treatment** to see whether **you** have a **medical condition** if **you** do not have any symptoms.

If **you** are unsure whether **your** **treatment** is preventative or not, please call **us** before going ahead with the **treatment**. However, as **your** healthcare provider **we** wish to encourage **you** to be aware of **your** own health and wellbeing. Therefore, plans A, B and C include cover for routine dental care.

*If you have bought our additional screening benefit this will be available as shown in the benefits table applicable to your plan.*

## Our position on continuing illness

**In the membership agreement we explain that we do not pay benefit for medical conditions which are likely to continue or keep recurring;** we pay only for the initial programme of diagnosis and **treatment** intended to improve or stabilise such conditions. **We** pay for unexpected illnesses that respond quickly to **treatment** in the short term (acute conditions). Long term control of illness is outside the scope of our agreement with **you**.

Where ongoing conditions are concerned, **we** do, of course, try to be as helpful as **we** can. However, **we** have to bear in mind that what **we** charge our members has to cover the cost of **claims** and **we** cannot, if **we** are to treat our members equally, go on paying benefit for conditions which are likely to continue indefinitely or keep coming back. **We** therefore stop paying benefit as soon as it becomes apparent that the **medical condition** or episode of ill health is long term or recurrent in nature.

Because of this **we** do not pay for routine follow-up consultations for the monitoring of medical conditions, such as but not limited to, diabetes mellitus, multiple sclerosis or hypertension. However, if such a condition should flare up and **you** require admission to **hospital** for **treatment** to bring it under control then benefit will be paid for the short period necessary to re-stabilise the condition. In general terms, therefore, **we** pay only for diagnosis and **treatment** of conditions that respond quickly. In such a case underwriting terms related to the condition and those associated with it may be added to **your** policy immediately. **We** reserve the right to determine when a **medical condition** has become chronic in nature. **We** will base that decision on a review of medical reports related to that medical condition.

The decision of our medical team will prevail in any event.

## Our position on repeated consultations

As **you** would expect private healthcare insurance is designed to provide for the necessary and appropriate **treatment** of new medical problems arising from time to time. **We** reserve the right to determine whether the frequency of consultations with any **medical practitioner** is appropriate to the **medical condition** being treated. For example, **we** expect a reasonable time to be allowed for **treatment** to take effect between consultations and **we** reserve the right to reject **claims** for repeated consultations that are, in the opinion of our medical team, inappropriate.

Under the 'chronic cover benefit' which is available to all **plan** members, after **12** months of continued membership, chronic conditions will be covered up to defined limits. The limit is detailed in the benefit table - see benefit 10.

## MAKING CHANGES

If any of **your** personal details change, it's important that **you** let **us** know as soon as possible. If **you're** unsure whether the change is important, it's best to tell **us** and **we** can explain if it affects **your** policy.

Changes to any details **you** give **us** when **you** join.

If **you** send **us** any form, and anything changes between the time **you** send the form and the time **we** confirm that **we** have made the change shown in the form, **you** must tell **us**.

## Adding other members or transferring to another plan

If you want to add someone else to an existing **policy** or to change to a different **plan** we will send you an application form to complete or you can download it from our website at [www.bulgariainsurance.bg](http://www.bulgariainsurance.bg). You must give all the information we request and keep us fully informed of any changes which have taken place. You can ask to add new **family members** to your **policy** at any time. You can also ask to transfer to another type of **plan** at each **policy** anniversary although we may refuse to grant such a request.

### Who you can add

You can apply to add the following **family members** to your **policy**:

- Your partner in marriage, in a civil partnership, or when living together permanently in a similar relationship. (There may be certain circumstances where we cannot add a partner.)
- Any of your children or your partner's children.
- A new baby.

## Leaving a group

If you are leaving a group **policy** and wish to transfer to an individual **policy**, we may offer two options:

i) you may request us to exclude all **medical conditions** existing or known about at the time of transfer. In this event you will pay the published premium for your age and plan.

ii) you may request us to continue your cover without any restriction based upon your medical history. In this event, we may offer a higher premium than that published. The 'loading' thus applied, which is a percentage of the published premium for your age and plan, will apply throughout the life of your **policy**.

## Upgrading your cover

You may apply to upgrade your **plan** at your **policy** anniversary. We reserve the right to apply medical underwriting exclusions to the new **plan** you have chosen based upon your medical history at the time of upgrade. We reserve the right to refuse to upgrade your **plan**. Please call us so we can talk about the changes.

## Adding a new baby

If you would like to add a new baby to your cover, you can do this from their date of birth so long as you call us within three months of their birth. We will not normally need details of their medical history.

There may be some limits to our cover if any of the following apply:

- either parent has had any kind of fertility **treatment** and the babies are a multiple birth; or
- the babies are a multiple birth and were born after assisted reproduction; or
- you have adopted the baby.

We do not provide cover in respect to any congenital deformity or condition for adopted children or children who were born as a result of any method of assisted conception (except artificial insemination).

## Changing the terms of your policy

We have the right to change all or any part of your **policy** from any renewal date. Your premium will only change at renewal or if something changes, such as adding a new baby, during the year. We will tell you about any changes to your premium in plenty of time. However, we will make changes only to reflect any past or foreseeable changes in medical practice and procedures and the nature and extent of **claims** made or likely to be made generally under the plan. The purpose of such changes will be to seek, so far as possible, to maintain substantially the same level and type of cover in place while ensuring that the **plan** remains affordable. We may also increase the premium if costs, taxation or regulations require us to do so. In the case of changes in taxation or legislation we may increase premiums or make other changes with immediate effect, if required by law to do so.

### Why does my premium increase every year?

There are a number of reasons why the cost of your healthcare insurance could increase. We review premiums each year and make calculations based on a number of factors. Two of the more common reasons are because:

- Your premium will tend to rise as you get older. This is because, unfortunately, as we get older, we all tend to suffer more health issues
- The cost of medical **treatment** tends to rise too as new and better ways of diagnosing and treating diseases are developed. We regularly review our plans to keep them up to date and to include new tests and **treatments** where we can.

## Changing the country where you normally live

You must tell us if there's a change of **country** where you normally live. If you move away from **Bulgaria** and would like to be covered by AXA PPP healthcare Limited, please contact the **Bulgaria Insurance Health Insurance Department** at +359 (0) 700 13 555, who will discuss the options available to you.

## Changing your method of payment

If you wish to change the way you pay for your **policy**, please contact us. Such changes can only be effected at your **policy** anniversary.

## Charging for administration

If we incur a cost, we reserve the right to levy a charge for the administration of any **policy** change you ask us to make following inception of your **policy**. We will advise you of any fee if you ask us.

## Replacing your card

Lost or damaged membership cards can be replaced at a cost, per card, of 5 EURO. You must report any loss, theft or damage of your card to us immediately upon discovery. Subsequently found or recovered cards must be returned to us immediately. Cards held when the **policy** is cancelled for any reason must also be returned.

## INTERNATIONAL EMERGENCY MEDICAL ASSISTANCE

In addition to the private healthcare aspect of **your plan**, you may, depending on the **benefits** included, have access to International Emergency Medical Assistance. This is a worldwide, 24 hours a day, 365 days a year **emergency** service providing evacuation and repatriation services. If you need immediate in-patient **treatment**, where local facilities are unavailable or inadequate, please call our Customer Service Center on +359 (0) 700 13 555.

*Please note that: for your own protection, calls may be recorded in case of subsequent query. Entitlement to the evacuation service does not mean that your **treatment** following evacuation or repatriation will be eligible for benefit. Any such **treatment** will be subject to the terms of your plan.*

We will cover the costs of **emergency** evacuation if:

- i) you are, or need to be, admitted as an **emergency** in-patient, and
- ii) our appointed doctor and the treating doctor believe your current or nearest medical facilities are not able to provide the **treatment** you need.

We will cover the costs of repatriating you if we have agreed to cover your **emergency** evacuation. We will not cover the cost of evacuating or repatriating you if you decide to travel elsewhere for **treatment** and we believe the nearest facilities are adequate for your **treatment**. This includes if you decide you want to travel back to the country where you normally live for your **treatment**.

### International Emergency Medical Assistance

#### *How emergency evacuation and repatriation cover works*

If you are admitted as an **emergency** in-patient and you or the treating doctor believes that the local medical facilities are not adequate to treat you, ask somebody to call our **emergency** number.

We will appoint a doctor who will be able to assess the facilities and the evacuation or repatriation service detailed at the beginning of this section will apply.

#### What costs are covered?

If the doctor we appoint decides that the facilities are not adequate to treat you, we will cover the reasonable costs of either:

- i) evacuating you to a suitable medical facilities for **treatment** in the country you are in; or
- ii) evacuating you to a suitable medical facility in a different country for **treatment**.

When you are discharged from the facilities you were evacuated to, we will cover the costs of repatriating you to one of the following:

- i) the place or country where you normally live
- ii) a country that you hold a passport for.

We will cover these costs so long as we have agreed the method of transport to be used, and date and time of your evacuation or repatriation before it takes place.

We will also cover the cost of any necessary **treatment** given to you by our chosen evacuation agency while they are moving you.

#### Repatriation following death

If you die outside a country that you hold a passport for, we will cover the cost of transporting your body back to a port or airport in:

- i) the place or country where you normally live, or
- ii) a country you hold a passport for.

The relevant exclusions for **emergency** evacuation and repatriation also apply to repatriation following death.

#### Will other family members be able to travel with you?

If the member who needs to be evacuated or repatriated is under 18, we will cover the additional reasonable and necessary transport and accommodation costs for someone, aged 18 or over, to accompany them on their journey. If the member who needs to be evacuated or repatriated is over 18, we may agree to cover these costs if we believe it is medically appropriate.

Once our member reaches their evacuation destination, we will not cover the accompanying person's further costs.

#### Your cover if an insured family member is evacuated or repatriated

Your cover depends on whether the family member is evacuated or repatriated either from the location where you both normally live or whether you are travelling together at the time.

If you are travelling away from home with a family member who is covered by a Health Without Borders policy and they are evacuated or repatriated, we will pay for your additional reasonable and necessary transport and accommodation costs that result from the evacuation or repatriation. We will do this if it is medically appropriate for you to travel with the family member.

If you are both at the location where you normally live and they have to be evacuated or repatriated from that location, we will pay for your additional reasonable and necessary transport costs that result from the evacuation or repatriation. We will do this if it is medically appropriate for you to travel with the family member. We will not cover your accommodation costs.

#### What happens to your travel ticket

Any unused portion of the travel tickets belonging to you or anyone that we evacuate with you will immediately become our property. You must give the tickets to us.

#### Choosing to travel to a particular country for treatment

You can choose to go to a particular country for **treatment**, but we will not cover the cost of travelling to that country. Once you are in that country, the terms of your policy apply as normal.

#### Exclusions that apply to your cover for emergency evacuation and repatriation

You are not covered for **emergency** evacuation or repatriation if any of the following apply:

- i) the **medical condition** does not need immediate **emergency** in-patient **treatment**
- ii) the **medical condition** does not prevent you from travelling or working
- iii) the **medical condition** is directly or indirectly caused by a deliberately self-inflicted injury, suicide or an attempt at suicide
- iv) the **medical condition** is in any way connected with alcohol abuse, drug abuse or substance abuse

v) the **medical condition** is a result of engaging in or training for any sport for which you receive a salary or monetary reimbursement, including grants or sponsorship (unless you only receive travel costs)

vi) the **medical condition** is a result of base jumping, cliff diving, flying in an unlicensed aircraft or as a learner, martial arts, free climbing, mountaineering with or without ropes, scuba diving to a depth of more than 10 metres, trekking to a height of over 2,500 metres, bungee jumping, canyoning, hang-gliding, paragliding or microlighting, parachuting, potholing, skiing off-piste or any other winter sports activity carried out off-piste

vii) the evacuation would involve moving you from a ship, oil-rig platform or similar off-shore location

viii) we have not approved the evacuation or repatriation first

ix) we have not been told about the **medical condition** within 30 days of the condition becoming an **emergency** (unless this was not reasonably possible)

x) the **medical condition** is a result of nuclear, biological or chemical contamination, war (whether declared or not), act of foreign enemy, invasion, civil war, riot, rebellion, insurrection, revolution, overthrow of a legally constituted government, explosions of war weapons or any event similar to one of those listed

xi) the **emergency** occurs when you are on a leisure trip to a destination to which the **UK** Foreign and Commonwealth Office either advises against all travel or advises against all travel on holiday or non-essential business.

Limits on our liability under your cover for **emergency** evacuation and repatriation We will not be liable for:

i) any failure or delay in providing **emergency** evacuation or repatriation

ii) injury or death while you are being moved.

These limits do not apply if the failure or delay is caused by our negligence or the negligence of someone, we have appointed to act for us.

## MEMBERSHIP OF THE HEALTH WITHOUT BORDERS PLANS

The terms of your membership are set out in the following membership agreement. While **Bulgaria Insurance** believes in keeping everything as simple as possible, if there is something you do not understand or would like to discuss further, please do not hesitate to contact the Health Insurance Department on +359 (0) 700 13 555, this number is also shown on the reverse of this handbook and on your membership card.

**WHAT YOU'RE COVERED FOR - BULGARIA INSURANCE HEALTH WITHOUT BORDERS PLANS**

Please refer to the column showing the benefits table applicable to your plan. Your latest certificate of insurance will show which plan is applicable to you and give other details which are relevant to you.

Benefits		Plan A	Plan B	Plan C
		all prices/limits in EURO	all prices/limits in EURO	all prices/limits in EURO
Area of cover	Indicates where you can receive treatment	Option 1 - incl. U.S.A. and Canada Option 2 - excl. U.S.A. and Canada	Europe all prices/limits in EURO	Bulgaria all prices/limits in EURO
Level of cover	Benefits applicable to your plan	In-patient only: Benefits 1-14 In & Out-Patient: Benefits 1-22	In-patient only: Benefits 1-14 In & Out-Patient: Benefits 1-22	In-patient only: Benefits 1-14 In & Out-Patient: Benefits 1-22
Yearly maximum up to	We will pay up to the maximum shown each year for each member.	2,500,000	2,000,000	500,000
Co-payment payable	The co-payment payable for each member.	Co-payment is applicable to benefit 22 under this plan	Co-payment is applicable to benefit 22 under this plan	Co-payment is applicable to benefit 22 under this plan
In-patient and daycare treatment				
1 Hospital charges	a) Standard accommodation charges inclusive of: routine nursing and special nursing when approved; drugs and dressings used for in-patient or daycare treatment for surgical or non-surgical related admissions. b) Operating theatre fees (including eligible appliances), recovery room fees, surgical drugs and dressings used for in-patient or daycare treatment.	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan
2 Surgeons' and Anaesthetists' charges	For each operation this includes pre and post-operative consultations while an in-patient or daycare patient. Related out-patient consultations are payable under benefit 15.			
3 Physicians' charges	Physicians' charges for in-patient and daycare treatment. This includes intensive care.	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan (see also benefit 13)	Paid in full up to the limit shown in your plan (see also benefit 13)
4 Consultations, diagnostic procedures and physiotherapy	Out-patient consultations, diagnostic procedures and physiotherapy are payable under benefits 15 and/or 16 even if they are related to in-patient or daycare treatment either before admission or after discharge.			
5 Additional accommodation	a) Charges for one parent staying in the same hospital as a child member who is under 18 years of age. This is paid from the child's benefit. b) Benefit is also payable for charges for a child being breast fed to stay in the same hospital with his or her nursing mother who is herself a member. This is payable from the mother's benefit.			
6 Cash benefit	We pay this when: ◦ you are admitted for in-patient treatment before midnight; and ◦ we would have covered your treatment if you had had it privately. If your policy has an excess, We will not take this off this cash payment. This benefit is not available if the cost of treatment was funded by another party, such as another insurer.	150 per night	120 per night	15 per night
Other treatment				
7 Out-patient surgery	Surgery received as an out-patient. Pre and post-operative out-patient consultations and diagnostics are payable out of benefits 15 and/or 16. Please note, there is no out-patient benefit on 'In-Patient only' plans.	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan
8 In-patient CT, PET and MRI Scanning	CT = Computerised Tomography, MRI = Magnetic Resonance Imaging, PET = Positron Emission Tomography received as an in-patient or daycare patient only when referred by a medical practitioner.			
9 Oncology regular/Radiotherapy/Chemotherapy	Radiotherapy, chemotherapy and oncology related tests, drugs and specialist fees for treatment received as an in-patient, out-patient or daycare patient during a course of oncology treatment. By course we mean a course of six cycles of chemotherapy or six weeks of radiotherapy. Up to a maximum of two courses in a year. A 'cycle' of chemotherapy is determined by the number of sessions for which the drug user is licensed.	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan
10 Chronic Illnesses	Available after 12 months of membership but will not cover any pre-existing illnesses. Consultations, treatment, drugs and medications up to the limit of the benefit. The illnesses covered under this benefit are: asthma, cardiomyopathy, chronic obstructive pulmonary disorder, diabetes mellitus types 1 & 2, hypertension, ulcerative colitis and hashimoto.	Up to 3,000	Up to 2,000	Up to 1,000

All benefits are subject to assessment on the basis of what is reasonable and customary (R&C) within our network providers. Our network R&C assessment will apply even when the treating medical practitioner refers you for treatment outside our network if that treatment

would have been available within our network. Reasonable and customary will apply in any event. If in doubt please contact us before receiving treatment. The table in this section only gives you an outline of your cover. For full details, please read the rest of your handbook too.

Benefits		Plan A	Plan B	Plan C
Other benefits (continued)		all prices/limits in EURO	all prices/limits in EURO	all prices/limits in EURO
11 Pregnancy and delivery	Benefits only become available and eligible claims payable for expenses incurred after the member (the mother) has been continuously covered under the plan for 12 consecutive months for Plan A or Plan B and 24 consecutive months for Plan C and has effected the annual renewal of that plan for the coming policy year. a) Your normal pregnancy and childbirth including in-patient or out-patient antenatal and postnatal consultations and delivery. b) Charges for your treatment related to complications incurred during your pregnancy including caesarean section.	Up to 3,000 for each female member after 12 months membership	Up to 2,500 for each female member after 12 months membership	Up to 2,000 for each female member after 24 months membership
12 Ambulance transport (when medically essential)	This is to pay for a road ambulance or air ambulance if appropriate for emergency transportation to or between hospitals or when the medical practitioner determines it as medically essential. Benefit includes any medical attendant travelling with the patient.	Up to 450 for each member each year	Up to 350 for each member each year	Up to 350 for each member each year
13 Outside area of cover (This benefit is payable when members are travelling for business or pleasure only, not if the member travels for medical reasons).	This is to cover emergency treatment, or treatment of a medical condition which arises suddenly whilst outside the member's area of cover.	Option 1 Not required for this Plan option Option 2 Benefit is payable in respect of six weeks travel in USA & Canada each year and is limited to a maximum of 50,000 EURO each year	Benefit is payable in respect of six weeks travel outside Europe each year and is limited to a maximum of 50,000 EURO each year	Benefit is payable in respect of six weeks travel outside Bulgaria but within Europe, each year and is limited to a maximum of 50,000 EURO each year
14 International Emergency Medical Assistance	Worldwide, 24 hours a day, 365 days a year emergency service providing evacuation and repatriation. For more information, refer to pages 12-14 of this Handbook.	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan	Paid in full up to the limit shown in your plan
Out-patient treatment				
15 Medical practitioner charges and prescription drugs & dressings	a) Medical practitioner charges b) Prescription drugs & dressings (the drugs and dressings must be for treatment of a medical condition that we cover and must be prescribed by a medical practitioner).	The overall limit for benefits 15-22 is 8,000 each year Additionally, benefit 15 b), 'Prescription drugs', is limited to 800 and this counts against the overall limit for this benefit.	The overall limit for benefits 15-22 is 4,000 each year Additionally, benefit 15 b), 'Prescription drugs', is limited to 400 and this counts against the overall limit for this benefit.	The overall limit for benefits 15-22 is 2,500 each year Additionally, benefit 15 b), 'Prescription drugs', is limited to 250 and this counts against the overall limit for this benefit.
16 Medical practitioner consultations, diagnostic procedures and physiotherapy	Medical practitioner charges for consultations and treatment, diagnostic procedures (even if they are related to in-patient daycare or physiotherapy treatment). Please note that all physiotherapy must follow referral by a medical practitioner. Additionally, physiotherapy is limited to 12 visits in a 6 week period. If further physiotherapy is needed, a new medical practitioner referral will be required.			
17 Out-patient MRI, CT, and PET scanning, gastroscopies and colonoscopies	CT = Computerised Tomography, MRI = Magnetic Resonance Imaging, PET = Positron Emission Tomography received as an out-patient only when referred by a medical practitioner.			
18 Alternative treatment	Out-patient chiropractic treatment, homeopathy, acupuncture and osteopathy given by a specialist who is registered to practice as a chiropractor, acupuncturist, homeopath or osteopath where the treatment is given. In the case of podiatric conditions benefit is payable for consultations only, not for other treatment.	Additionally, benefit 18, 'Alternative treatment', is limited to 500 and this counts against the overall limit for this benefit.	Additionally, benefit 18, 'Alternative treatment', is limited to 500 and this counts against the overall limit for this benefit.	Additionally, benefit 18, 'Alternative treatment', is limited to 500 and this counts against the overall limit for this benefit.
19 Accidental damage to teeth	Initial treatment required immediately following external impact/trauma/accidental damage to natural teeth and given by a medical practitioner within 48 hours of the incident.			
20 Psychiatry	Out-patient treatment of psychiatric illness. Benefit is payable for treatment given by a psychiatrist or by a psychotherapist or psychologist when under the control of a psychiatrist. Clause 3 (aa) of the membership agreement applies to this benefit.	We will pay up to 90 days a year	We will pay up to 90 days a year	We will pay up to 90 days a year
21 Nursing-at-home	Nursing at home when arranged by a medical practitioner (with our prior approval) out of medical necessity for a member who needs a registered nurse immediately following in-patient or daycare treatment.	We will pay up to 21 days a year	We will pay up to 21 days a year	We will pay up to 21 days a year
22 Routine Dental Care	Routine dental cover includes extraction, gum treatment, photopolymer filling, root canal treatment, bridges and crowns only.	We will pay up to 400 a year. A 30% co-payment is applicable to this benefit.	We will pay up to 200 a year. A 30% co-payment is applicable to this benefit.	We will pay up to 125 a year. A 30% co-payment is applicable to this benefit.

All benefits are subject to assessment on the basis of what is reasonable and customary (R&C) within our network providers. Our network R&C assessment will apply even when the treating medical practitioner refers you for treatment outside our network if that treatment

would have been available within our network. Reasonable and customary will apply in any event. If in doubt please contact us before receiving treatment. The table in this section only gives you an outline of your cover. For full details, please read the rest of your handbook too.

All benefits are subject to assessment on the basis of what is reasonable and customary (R&C) within our network providers. Our network R&C assessment will apply even when the treating medical practitioner refers you for treatment outside our network if that treatment would have been available within our network. Reasonable and customary will apply in any event. If in doubt, please contact us before receiving treatment.

These benefits are available to each member each year. This benefits table must be read in conjunction with the terms of your membership agreement.

This policy is written on an annual basis and renewed each policy year at the policy anniversary, unless notified in writing 14 days prior to the renewal date.

As a member of the Bulgaria Insurance's Health Without Borders Plans, if you have bought our 'Health Screen' option after the first year of membership, you will have access to the following additional benefit which will give you peace of mind when it comes to you and your family's health.

This benefit covers health screening services such as but not limited to: stress ECG, mammo-gram, prostate and lipid tests, cervical smear test, general health checks and vaccinations. Please call us before screening to confirm that your proposed tests are covered by this benefit.

Optional Additional Benefit - Health screening		(available on all plans)		
	Area of cover	Benefit Limit all limits in EURO	Premiums all prices in EURO	
			Monthly	Annual
Plan A	Worldwide, including U.S.A. and Canada	350 once every year*	20.82	237.00
	Worldwide, excluding U.S.A. and Canada		16.70	190.00
Plan B	Europe	250 once every year*	10.30	117.00
Plan C	Bulgaria	150 once every year*	7.48	85.00

\* after the first year of membership provided, we have received the premiums due at your first renewal, including those for this benefit

This benefit is available to members every year. By this we mean that the benefit may be claimed in each policy year following our receipt and acceptance of the consecutive annual premiums since policy inception and each policy year thereafter. Those paying premiums monthly must have made 12 consecutive payments between claims for this benefit.

Please refer to the column showing the benefits table applicable benefits table to your plan. Your latest certificate of insurance will show which plan is applicable to you and give other details which are relevant to you.

## 24/7 HEALTH INFORMATION HELPLINE - +44 (0) 1892 556 753

As a member you will have access to AXA PPP healthcare Limited's, medical information telephone helpline - available 24 hours a day, 365 days a year.

When you have a health concern, it's good to be able to speak to someone as soon as you can. With 24/7 Health information helpline, you have access to nurses, counsellors, midwives\* and pharmacists\* - and it's included on all of our plans.

AXA PPP healthcare Limited's, medical experts are available at the end of the phone ready to offer confidential information on any health queries - whether you're worrying about vaccinations and other health precautions before travelling, general health, family health or simply need support and reassurance. They can also send free fact sheets and leaflets on a wide range of medical issues, conditions and treatments.

To make things easier when you call the 24/7 Health information helpline is split into the following 'clinics':

- Family Clinic – babies, toddlers, teenage trouble, pregnancy or retirement.
- Care and Counselling Clinic – stress, addiction, depression or bereavement.
- Pills and Prescriptions Clinic – medicines, side effects and pain relief.
- Travel Clinic – inoculations, taking children abroad and medical advice by country.
- Healthy Living Clinic – exercise, diet, drinking, smoking and cholesterol control.
- Men's Health Clinic – prostate issues, testicular cancer, impotence and fertility.
- Women's Health Clinic – fertility, screenings, menopause and osteoporosis.

The 24/7 helpline does not take the place of your medical practitioner, nor does it diagnose or prescribe.

Please note: pharmacists and midwives are available from 8am to 8pm UK time Monday to Friday, until 4pm UK time on Saturday, and until 12pm UK time on Sunday and UK public holidays. All calls are made in complete confidence. Calls maybe recorded and/or monitored for quality assurance, training and as a record of our conversation.

You can choose to remain anonymous with no record of your call, or you can ask the helpline to make a note of your call in case you want to call again.

They can't diagnose medical conditions or prescribe medicine, but we can give the latest information about specific illnesses and conditions, treatments and medicine, as well as provide guidance and support.

## MEMBERSHIP AGREEMENT

Please read the following terms carefully.

### 1. Definitions

Some words and phrases have special meanings. These meanings are set out below. When we use these terms, they are in bold print. The headings used in the following sections of the membership agreement are for convenience of reference only and do not affect its construction.

1.1.	AXA Global Healthcare's network	AXA Global Healthcare (UK) Limited's global medical provider network	1.13	excess/co-payment	the amount you must pay, as shown in the <b>benefits table for your plan</b> , which will be deducted from the amount payable for eligible <b>treatment</b> under your plan. Any annual excess payable is applied each <b>policy</b> year even if <b>treatment</b> is continuous from one year to the next.
1.2	acupuncturist	a <b>practitioner</b> who is qualified, licensed and registered by a recognised, relevant authority to practice as an <b>acupuncturist</b> where <b>treatment</b> is given and is recognised by us. We will advise you as to whether we recognise the <b>acupuncturist</b> you intend to use if you ask us.	1.14	facility	a <b>hospital</b> or a centre with which we have an agreement to provide a specific range of medical services and which is listed in our provider network. In some circumstances <b>treatment</b> may be carried out at an establishment that provides <b>treatment</b> under an arrangement with a facility listed in our provider network.
1.3	acute condition	a disease, illness or injury that is likely to respond quickly to <b>treatment</b> which aims to return you to the state of health you were in immediately before suffering the disease, illness or injury, or which leads to your full recovery.	1.15	group	when the person or entity paying the premium for the <b>policy</b> is not a <b>member</b> benefiting from cover under the <b>plan</b> and is not a family member. Normally this will be the subscriber's employer or sponsor.
1.4	area/area of cover	one of the following: Worldwide: worldwide Worldwide excluding U.S.A. & Canada: worldwide excluding the United States of America, U.S. minor outlying islands and Canada Europe: Albania, Andorra, Armenia, Austria, Azerbaijan, Belarus, Belgium, Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Georgia, Germany, Gibraltar, Greece, Hungary, Iceland, Ireland, Italy, Kazakhstan, Kosovo, Latvia, Liechtenstein, Lithuania, Luxembourg, Macedonia, Malta, Moldova, Monaco, Montenegro, Netherlands, Norway, Poland, Portugal, Romania, Russia, San Marino, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Turkey, Ukraine, United Kingdom, Vatican City Bulgaria: the country of Bulgaria only.	1.16	homeopath	a <b>practitioner</b> who is qualified, licensed and registered by a recognised, relevant authority to practice as a <b>homeopath</b> where <b>treatment</b> is given and is recognised by us. We will advise you as to whether we recognise the <b>homeopath</b> you intend to use if you ask us.
1.5	benefits table	the table applicable to your <b>plan</b> showing the maximum <b>benefits</b> we will pay for each <b>member</b> .	1.17	hospital	a state or private <b>hospital</b> or a daycare medical clinic licensed or registered to provide medical, surgical or psychiatric <b>treatment</b> under the laws of <b>Bulgaria</b> or the equivalent duly licensed or registered in the country, state or other government jurisdiction in which it is situated and where there is constant support by a specialist. In the United Kingdom the <b>hospital</b> must be an establishment listed in <b>AXA Global Healthcare's network</b> . In <b>Bulgaria</b> and elsewhere this must be an establishment recognised by us.
1.6	Bulgaria	the Republic of <b>Bulgaria</b> .	1.18	lifetime	the period in which the <b>member</b> is alive. This does not refer to the life of the <b>policy</b> .
1.7	chiropractor	a <b>practitioner</b> who is qualified, licensed and registered by a recognised, relevant authority to practice as a <b>chiropractor</b> where <b>treatment</b> is given and is recognised by us. We will advise you as to whether we recognise the <b>chiropractor</b> you intend to use if you ask us.	1.19	living abroad	remaining outside <b>Bulgaria</b> for 180 days or more in a year.
1.8	chronic condition	a disease, illness or injury that has one or more of the following characteristics: <ul style="list-style-type: none"> <li>it needs ongoing or long-term monitoring through consultations, examinations, check-ups and/or tests</li> <li>it needs ongoing or long-term control or relief of symptoms</li> <li>it requires your rehabilitation or for you to be specially trained to cope with it</li> <li>it continues indefinitely</li> <li>it has no known cure</li> <li>it comes back or is likely to come back.</li> </ul> Under this <b>policy</b> we will pay for consultations, <b>treatment</b> , drugs and medications up to the limit of the <b>benefits</b> that apply. The illnesses covered are: asthma, cardiomyopathy, chronic obstructive pulmonary disorder, diabetes mellitus types 1 & 2, hypertension, ulcerative colitis and hashimoto. This benefit will be available after 12 months of membership but will not cover any pre-existing illnesses.	1.20	medical condition	any disease, illness or injury, including psychiatric illness not excluded under the terms of your <b>policy</b> .
1.9	Claim	the <b>benefits</b> you ask us to pay in respect of an episode of <b>treatment</b> .	1.21	medical practitioner	a person who has primary degrees in the practice of medicine and surgery from a medical school that is listed in the World Health Organisation's World Directory of Medical Schools and who is licensed to practice medicine by the relevant licensing authority where <b>treatment</b> is given and properly licensed and qualified to provide the <b>treatment</b> given. By "recognised medical school" we mean "a medical school which is listed in the current World Directory of Medical Schools published by the World Health Organisation". This <b>policy</b> does not cover <b>treatment</b> by any <b>medical practitioner</b> if he or she is not recognised by us whether or not we have advised that <b>practitioner</b> that he or she is not recognised by us. We will advise you as to whether we recognise the <b>medical practitioners</b> you intend to see if you ask us.
1.10	country where you normally live	the country where the <b>policyholder</b> lives or intends to live for most of the year. It will be shown as your address on your healthcare insurance statement.	1.22	member	you as the <b>policyholder</b> and any dependant/family member included in your <b>policy</b>
1.11	dependant/ family member	the subscriber's partner and unmarried children (or those of the subscriber's partner) up to the age of 21, living with the <b>subscriber</b> or their other parent when the <b>policy</b> is taken out or it is renewed. By partner we mean the husband or wife or the person with whom the <b>subscriber</b> lives permanently in a similar relationship. Please also see 6.2 in respect of students.	1.23	multiple birth	the birth of more than one baby from a single pregnancy.
1.12	emergency	we reserve the right to determine whether <b>treatment</b> given is a result of an emergency. Normally this will be <b>treatment</b> received in the accident and emergency department of a <b>hospital</b> or requiring immediate <b>hospital</b> admission.	1.24	network of hospitals/providers	a document we update regularly which is available on our website <a href="http://www.bulgariainsurance.bg">www.bulgariainsurance.bg</a> and which lists the <b>hospitals/providers</b> with which we have direct settlement and discount arrangements. Please also see page 6. a) In <b>Bulgaria</b> you may use any <b>hospital/provider</b> however, if a <b>hospital/provider</b> outside our network is used, benefit will be payable up to the level that would have been charged for the <b>treatment</b> within our local network. b) outside <b>Bulgaria</b> you should use a <b>hospital</b> listed on our website <a href="http://www.bulgariainsurance.bg">www.bulgariainsurance.bg</a> , except in the case of an emergency where this may not be possible. c) in the <b>UK</b> you may use any <b>hospital/provider</b> however, if a <b>hospital/provider</b> outside our network is used, benefit will be payable up to a level that would have been charged for the <b>treatment</b> within our local network.

1.25	nurse/registered nurse	a qualified nurse who is registered to practice as such where the treatment is given and is recognised by us.
1.26	osteopath	a practitioner who is qualified, licensed and registered by a recognised, relevant authority to practice as an osteopath where treatment is given and is recognised by us. We will advise you as to whether we recognise the osteopath you intend to use if you ask us.
1.27	physiotherapist	a practitioner who is qualified, licensed and registered by a recognised, relevant, authority to practice as a physiotherapist where treatment is given and is recognised by us. We will advise you as to whether we recognise the physiotherapist you intend to use if you ask us.
1.28	plan	your plan the name of which is shown on your latest certificate of insurance.
1.29	podiatrist	a practitioner who is qualified, licensed and registered by a recognised, relevant authority to practice as a podiatrist where treatment is given and is recognised by us. We will advise you as to whether we recognise the podiatrist you intend to use if you ask us. We will not cover any general chiropody or foot care, even if a surgical podiatrist provides it. This includes things like gait analysis and orthotics.
1.30	policy	<p>the insurance contract between you and us. The full terms of your policy are set out in the latest versions of the following documents as sent to you from time to time:</p> <ul style="list-style-type: none"> <li>◦ any application form we ask you to fill in</li> <li>◦ any statement of fact we send you</li> <li>◦ this handbook</li> <li>◦ your healthcare insurance statement and our letter of acceptance</li> <li>◦ these terms and the benefits table setting out the cover under your plan and this handbook</li> <li>◦ your certificate of insurance</li> <li>◦ any additional terms applied to your plan such as but not limited to additional terms applied to chronic or pre-existing conditions.</li> </ul> <p>Changes to these terms must be confirmed in writing and we will write to you to confirm any changes, undertakings or promises that we make.</p>
1.31	policy holder	the first person named on your healthcare insurance statement, for group schemes, the employee. If the first person named on your healthcare insurance statement is under 18 then we will treat the person who pays the premium as the policyholder. In this case, the policyholder will not be entitled to cover under this policy.
1.32	prescription	out-patient drugs and diagnostics as prescribed by a medical practitioner for the treatment of a medical condition which are relevant to that medical condition and are covered by the member's policy.
1.33	pre-existing condition	<p>a pre-existing condition is any disease, illness or injury that:</p> <ul style="list-style-type: none"> <li>◦ you have received medication, advice or treatment for in the five years before the start of your cover, or</li> <li>◦ you have experienced symptoms of in the five years before the start of your cover, whether or not the condition was diagnosed.</li> </ul>
1.34	scanning centre	a centre in the UK where out-patient CT (computerised tomography), MRI (magnetic resonance imaging) and PET (positron emission tomography) is carried out. The centres we recognise are listed in our provider network under United Kingdom

1.35	schedule of procedures	a list of surgical procedures we maintain and regularly update which classifies surgical procedures according to their complexity. It is recommended that you contact us before undergoing any surgical procedure to ensure that it is recognised by us (link to <a href="#">Schedule of procedures</a> ), not experimental in nature and is covered under your plan.
1.36	specialist	<p>a medical practitioner who holds or has held a substantive consultant post in a hospital or who holds a certificate of specialist accreditation that is recognised by us or who holds alternative qualifications that are accepted by us and is personally approved by us for the medical treatment involved. This means that the specialist must be specifically qualified for the treatment administered.</p> <p>For out-patient treatment only the following will also be regarded as treatment by a specialist:</p> <p>treatment by a medical practitioner with qualifications accepted by us who specialises in homeopathy, acupuncture, chiropractic, osteopathy and podiatry and who meets our criteria for limited specialist recognition for benefit purposes in his/her field of practice.</p>
1.37	surgery/surgical procedure	an operation or other invasive surgical intervention listed in the schedule of procedures.
1.38	treatment	<p>surgical or medical services (including diagnostic tests) that are needed to diagnose, relieve or cure a disease, illness or injury. This includes:</p> <ul style="list-style-type: none"> <li>◦ diagnostic tests – investigations, such as x-rays or blood tests, to find or to help to find the cause of your symptoms.</li> <li>◦ in-patient treatment – treatment received as a patient who is admitted to hospital and who occupies a bed overnight or longer, for medical reasons.</li> <li>◦ daycare treatment – treatment received as a patient who is admitted to a hospital or day-patient unit because they need a period of medically supervised recovery but does not occupy a bed overnight.</li> <li>◦ out-patient treatment – treatment received as a patient who attends a hospital, consulting room, or out-patient clinic and is not admitted as a day-patient or in-patient</li> </ul>
1.39	United Kingdom/UK	Great Britain and Northern Ireland including the Channel Islands and the Isle of Man.
1.40	visit	each separate occasion that the member meets with a medical practitioner and receives a consultation and/or treatment for a medical condition.
1.41	we/us/our	Bulgaria Insurance AD.
1.42	year	twelve Gregorian calendar months from when your policy began or was last renewed.
1.43	you/your	the policyholder and/or the member named on your certificate of insurance.

## 2. Benefits we pay for

**2.1 This policy** insures the members against the reasonable and customary cost of necessary **treatment** and diagnostics carried out by a medical practitioner.

We will pay:

i) for charges actually incurred for items listed in **your benefits table**. These are subject to the limits shown there. Note: if you incur costs in excess of the limits you will have to pay the difference;

ii) for **treatment** of unexpected illnesses and conditions that respond quickly to **treatment** (acute conditions) and for an initial period of **treatment** that allows the **medical practitioner** to establish their ongoing approach to **treatment**. It also covers you for flare ups, exacerbations of illnesses that recur, continue or require longer term **treatment** (chronic conditions) to return the chronic condition to its controlled state. See clause 3(d). When the **medical condition** has been stabilised we will stop making payments. Additionally, for asthma, cardiomyopathy, chronic obstructive pulmonary disorder, diabetes mellitus types 1 & 2, hypertension, ulcerative colitis and hashimoto we will pay for ongoing management and medication, after 12 months of membership but will not cover any pre-existing illnesses.

We will never pay for more than 180 days **treatment** for any **medical condition** in a year in accordance with clause 3 (oo) "Time Limit" shown on page 32.

Once the chronic cover is available: Your cover for out-patient monitoring and **treatment** of **chronic conditions** are subject to the **outpatient** limit shown in the table;

iii) if the charges made by the **medical practitioner** are fair and reasonable and/or at the level customarily charged by medical practitioners in accordance with our definitions of reasonable and customary charges on page 7 in this handbook and on each page of the **benefits table**. If necessary, we can delay paying the **claim** until we are satisfied that the charges are appropriate. If the charges made by the **medical practitioner** are not reasonable and customary and/or are higher we will only pay the amount which is customarily charged, and the **member** will have to pay the rest. We will pay for their normal charges for the **treatment**. We will not pay if the charges for **your treatment** are higher than they would normally charge for that **treatment**. We will pay for one surgeon and one anaesthetist for each operation unless we have agreed a different arrangement with you before your operation.

iv) for **treatment** by a **medical practitioner** or **acupuncturist**, **chiropractor**, **homeopath**, **osteopath**, **physiotherapist** and **podiatrist** or for the services of a **nurse** or any other **treatment** or additional **benefit** if the **plan** covers it and then only as allowed by the **benefits table**; provided the costs are not for something excluded by the terms of the **member's policy**;

v) for costs incurred during a period for which the premium has been paid.

## 3. What we do not pay for

**Exclusions and Limitations** (Please note titles are for ease of use only)

Please note all exclusions are shown in red and where possible positive amendments are shown in black.

We do not pay benefit for the following (subject to some limited cover being available as shown):

(a)	<b>AIDS/HIV</b>	<b>treatment</b> of any medical condition which arises in any way from HIV infection;
(b)	<b>appliances</b>	the costs of providing or fitting any external prosthesis or appliance such as, but not limited to, spectacles, contact lenses, hearing aids, dentures and scoliosis brace;
(c)	<b>artificial life maintenance</b>	<b>we do not cover artificial life maintenance for more than 60 continuous days if you are in a persistent vegetative state and only being kept alive by medical intervention such as mechanical ventilation;</b>
(d)	<b>chronic conditions</b>	please note exclusion does not apply to those conditions listed in 1.8 (page 22) and 2.1 (ii)  i) <b>non-surgical treatment</b> of a medical condition or episode of ill health which persists for a long period or is recurrent (please also see p.8); ii) the monitoring of a medical condition once it has been stabilised; iii) any <b>treatment</b> which offers only temporary relief of symptoms rather than dealing with the underlying medical condition;
(e)	<b>consequences of previous treatment, medical intervention or body modification</b>	<b>If you had treatment, medical intervention or body modification previously that would not be covered by your policy, we do not cover further treatment or increased treatment costs that are:</b> i) a result of the <b>treatment, medical intervention or body modification you had previously;</b> or ii) connected with the <b>treatment, medical intervention or body modification you had previously.</b>
(f)	<b>contraception</b>	<b>we do not cover contraception or any consequence of using contraception.</b>
(g)	<b>congenital deformities and/or conditions</b>	<b>any charges related to the treatment and/or correction of congenital deformities and/or conditions.</b> However, in the case of new born children added to a policy under the terms of clause 5.5 and where the parent's policy (either parent) to which the child is being added has been in force for at least 12 months prior to birth, we will pay up to €200,000 in the child member's lifetime. <b>Congenital deformities and/or conditions in the case of children resulting from any method of assisted conception (except artificial insemination) or if adopted will not be covered under any circumstances;</b>
(h)	<b>cosmetic treatment</b>	i) <b>cosmetic (aesthetic) surgery or treatment, whether or not for medical or psychological reason.</b> We will cover your first reconstructive surgery following an accident or surgery for a medical condition that was covered by your policy. We will do this so long as: <ul style="list-style-type: none"> <li>◦ you had continuous cover with us before the accident or surgery happened; and</li> <li>◦ we agree the cost of the <b>treatment</b> in writing beforehand.</li> <li>◦ In the case of breast cancer, the first reconstructive surgery means:  <ul style="list-style-type: none"> <li>◦ one planned surgery to reconstruct the diseased breast</li> <li>◦ one further planned surgery to the other breast, when it has not been operated on, to improve symmetry</li> <li>◦ nipple tattooing, up to 2 sessions.</li> </ul> </li> </ul> <b>What is not covered?</b> <b>We do not cover treatment that is connected to previous reconstructive surgery or any cosmetic operation to a reconstructed breast whether or not it is needed for medical or psychological reasons</b> ii) <b>we do not cover the removal of fat or surplus tissue, such as abdominoplasty (tummy tuck), whether the removal is needed for medical or psychological reasons. Also see (n) fat removal;</b> iii) the <b>treatment</b> of conditions related to the control of body weight such as but not limited to obesity and anorexia.

(i)	dentistry	<p>i) orthodontics, periodontics, endodontics, preventative dentistry and general dental care including fillings no matter who gives the <b>treatment</b>, except as indicated by your <b>benefits table</b>;</p> <p>ii) any dental procedure except as indicated by your <b>benefits table</b>. Please note that no surgical procedures for dental purposes are covered under your <b>plan</b> unless under the terms applicable to Benefit 19 accidental damage to teeth.</p> <p>iii) accidental damage to teeth except as indicated by your benefits table We do not pay for <b>treatment</b> needed following damage caused by any of the following:</p> <ul style="list-style-type: none"> <li>◦ eating or drinking something, even if it contains a foreign body</li> <li>◦ boxing or playing rugby (except tag rugby) without wearing suitable mouth protection</li> <li>◦ brushing your teeth or any other oral hygiene procedure.</li> </ul>
(j)	donor organs	<p>if you <b>plan</b> to donate an organ or tissue as a live donor or receive an organ or tissue from a live donor, please call us so that we can tell you what support we offer.</p> <p>We do not pay for:</p> <p>i) the cost of collecting donor organs or tissue; or</p> <p>ii) any related administration costs - for example, the cost of searching for a donor; or</p> <p>iii) any costs towards organ or tissue donation that is not done in line with appropriate regulatory guidelines.</p>
(k)	drugs & dressings	<p>where benefit is payable, drugs and dressings will be pharmaceutical products which are prescribed by a <b>medical practitioner</b> and are absolutely necessary and directly related to the <b>treatment</b> of a specific medical condition or accident covered by the <b>plan</b> and are recognised as medicines by the Bulgarian Drug Agency and EMA - European Medicine Agency. <b>Please note that we do not pay for standard toiletries such as, but not limited to, shampoos, soaps, toothpastes, contraceptives, proprietary headache and cold cures, vitamins (even if prescribed supplements), dietary medicines, herbal products, cosmetic creams, weight control medicines etc. which may be bought over the counter, with or without prescription, at a local pharmacy nor do we pay for telephone calls.</b></p>
(l)	excess/co-payment	<p>any claim or part of a claim in respect of which you have to pay an excess or co-payment. In this case we will only pay the balance of the claim after we have deducted the excess or co-payment amount. Any excess or co-payment that applies will be shown in your <b>benefits table</b>.</p>
(m)	experimental treatment	<p>your <b>policy</b> covers you for established medical treatments. <b>There is no cover for any treatment or procedure that is experimental or that has not been established as being effective.</b></p> <p>The drugs, treatments and surgery we cover: We will pay for the use of drugs that have been established as being effective. This means the drug must be licensed for use by either:</p> <p>i) the Bulgarian Drug Agency and the European Medicines Agency (EMA), or</p> <p>ii) the US Food and Drug Administration (FDA) if the <b>treatment</b> is to be provided outside Europe.</p> <p>The drug must be used within the terms of its license. For a surgical procedure to be covered it must be listed in our Schedule of Procedures and Fees.</p> <p>We will also pay for <b>treatment</b> not listed in our Schedule of Procedures and Fees if, before the <b>treatment</b> begins, it is established that the <b>treatment</b> is recognised as appropriate by an authoritative medical body. This means procedures and practices must have undergone appropriate clinical trial and assessment and be sufficiently evidenced in published medical journals.</p> <p><b>What is not covered?</b> We will not pay for <b>treatment</b> that has not been established as being effective or which is experimental. You are not covered for complications that arise as a result of authorised or unauthorised unproven or experimental <b>treatment</b></p>

(n)	fat removal	<p>we do not cover the removal of fat or surplus tissue, such as abdominoplasty (tummy tuck), whether the removal is needed for medical or psychological reasons. Also see (h) cosmetic <b>treatment</b>.</p>
(o)	gender re-assignment or gender confirmation	<p>we do not cover gender re-assignment or gender confirmation <b>treatment</b>. We will not cover any of the following when they are connected to gender reassignment or gender confirmation in any way:</p> <ul style="list-style-type: none"> <li>◦ gender reassignment operations or other surgical <b>treatment</b>; or</li> <li>◦ psychotherapy or similar services; or</li> <li>◦ any other <b>treatment</b>.</li> </ul>
(p)	health spas/hydros	<p>any charges for health hydros, spas, nature cure clinics or any similar place, even if it registered as a hospital;</p>
(q)	hernia	<p>any <b>treatment</b> or surgical procedure for hernia of any kind including but not limited to intervertebral disc herniation, unless the <b>member</b> has been insured by us under this <b>policy</b> for a continuous period of six months prior to symptoms, that lead to the <b>treatment</b> or surgical procedure, becoming apparent. All such <b>treatment</b> or surgical procedures must be preauthorised by us.</p>
(r)	Hormone replacement therapy (HRT)	<p>hormone replacement therapy except when implants are required following a medical intervention. If you have out-patient cover, we will pay for the associated <b>medical practitioner's</b> consultations up to the limits shown in the <b>benefits table</b>. We will also cover the cost of HRT patches or tablets that are required following a medical intervention, up to the limits shown in the <b>benefits table</b>.</p>
(s)	illegal and criminal activity	<p>we do not cover <b>treatment</b> you need as a result of your active involvement in illegal or criminal activity.</p>
(t)	kidney failure	<p>regular or long term kidney dialysis in the case of chronic kidney failure. We do pay for dialysis for up to six weeks during preparation for a kidney transplant.</p>
(u)	learning and developmental disorders	<p><b>treatment</b> directed towards developmental delay in children (whether physical or psychological or learning difficulties) for more than the first 3 months following diagnosis and only once in the child member's lifetime;</p>
(v)	medical reports	<p>we will not pay for medical reports or for the completion of claim or application forms or any part of them.</p>
(w)	meniscus	<p>any <b>treatment</b> or surgical procedure for meniscus of any kind, unless the <b>member</b> has been insured by us under this <b>policy</b> for a continuous period of six months prior to symptoms, that lead to the <b>treatment</b> or surgical procedure, becoming apparent. All such <b>treatment</b> or surgical procedure must be preauthorised by us.</p>
(x)	natural ageing	<p>we do not pay for <b>treatment</b> of symptoms generally associated with the natural process of ageing. This includes <b>treatment</b> for the symptoms of puberty and menopause which are not caused by another disease, illness or injury.</p>
(y)	pre-existing conditions	<p><b>treatment</b> of any <b>medical condition</b> which the <b>member</b> already had when he or she joined and which the <b>policyholder</b> should have told us about but did not tell us at all or did not tell us everything unless we had agreed otherwise in writing that there was no need for you to tell us. This includes any physical defect or medical condition or symptoms whether or not being treated and any previous <b>medical condition</b> which recurs or which the <b>member</b> should reasonably have known about even if he or she has not consulted a <b>medical practitioner</b>;</p>

(z)	pregnancy, childbirth and infertility	<p><b>i) treatment for your pregnancy or childbirth unless:</b></p> <ul style="list-style-type: none"> <li>◦ It is allowed for by your plan; and</li> <li>◦ The pregnant member has been insured by us under this policy for a continuous period as shown on your benefits table and certificate of insurance.</li> </ul> <p><b>ii) termination of pregnancy or any consequences of it;</b></p> <p><b>iii) foetal surgery which is surgery performed on an unborn child or medical treatment in connection with such surgery whether undergone by the mother or the unborn child;</b></p> <p><b>iv) investigations into and complications arising from the treatment of infertility, contraception, assisted reproduction, sterilisation (or its reversal) or of any treatment for them (except treatment for complications of a pregnancy resulting from artificial insemination) or of any treatment for them including post-natal care of the mother, child or children.</b> However, we will pay for initial investigations into the cause of infertility provided that you and your partner have been insured by us under this policy for a continuous period of two years at the start of these investigations and were unaware of your infertility or inability to conceive before your insurance under this policy began.</p>		<ul style="list-style-type: none"> <li>◦ you have a medical condition when you have no symptoms; or</li> <li>◦ you have a genetic risk of developing a medical condition in the future; or</li> <li>◦ there is a genetic risk of you passing on a medical condition.</li> <li>◦ genetic tests to identify a medical condition where the result of the test isn't proven to change the course of treatment. This might be because the course of treatment for your symptoms will be the same regardless of what medical condition has caused them; or</li> <li>◦ any other preventative treatment to see whether you have a medical condition if you do not have any symptoms.</li> </ul> <p>What is covered for genetic tests? We will pay for genetic testing when it is proven to help choose the best course of drug treatment for your medical condition. This means that it must be recommended in the drug license for a specific targeted therapy, such as HER2 testing for the use of Herceptin for breast cancer. Please call us before you have any genetic tests to confirm that we will cover them. Your medical practitioner may want to do a variety of tests and they might not all be covered. The cost to you could be significant if the tests aren't covered under your policy.</p>
(aa)	psychiatric illness	<p><b>the treatment of psychiatric illness except for out-patient treatment as allowed for by your benefits table nor will we pay for psychiatric home nursing.</b></p>	(dd)	<p><b>self-inflicted injury and suicide</b></p> <p><b>we do not cover treatment you need as a direct or indirect result of a deliberately self-inflicted injury or a suicide attempt</b></p>
(bb)	rehabilitation	<p>we do cover in-patient rehabilitation for a short period, but there are some limits to our cover. We will cover in-patient rehabilitation for up to 28 days, so long as:</p> <ul style="list-style-type: none"> <li>◦ if follows an acute brain injury, such as a stroke; and</li> <li>◦ it is a part of treatment that is covered by the plan; and</li> <li>◦ it takes place in a hospital or unit that specialises in rehabilitation; and</li> <li>◦ a medical practitioner who specialises in rehabilitation is overseeing your treatment; and</li> <li>◦ we have agreed the costs before you start rehabilitation; and</li> <li>◦ the treatment could not be carried out on an out-patient basis.</li> <li>◦ If you have severe central nervous system damage following external trauma or accident, we will extend this cover to up to 180 days of in-patient rehabilitation.</li> </ul>	(ee)	<p><b>sexual dysfunction</b></p> <p><b>treatment of impotence or sexual dysfunction or any consequence of them. We do not cover treatment for sexual dysfunction, or anything related to sexual dysfunction.</b></p>
(cc)	routine & preventative care	<p><b>What is not covered for rehabilitation?</b></p> <ul style="list-style-type: none"> <li>◦ we do not cover day-patient rehabilitation.</li> <li>◦ we do not cover treatment as an in-patient that you could have as an out-patient. This includes rehabilitation.</li> </ul> <p><b>If you need rehabilitation, please call us so we can tell you if you are covered.</b></p>	(ff)	<p><b>sexually transmitted diseases</b></p> <p><b>treatment of sexually transmitted diseases/infections, such as but not limited to chlamydia, genital herpes, HPV, syphilis, gonorrhoea or any consequences thereof;</b></p>
		<p><b>preventative (i.e. prophylactic) treatment and tests including, but not restricted to, eye tests, hearing tests, genetic testing, vaccinations and routine and preventative medical examinations including routine follow-up consultations except as allowed by your plan;</b></p> <p><b>We do not pay for:</b></p> <ul style="list-style-type: none"> <li>◦ preventative treatment, such as preventative mastectomy; or</li> <li>◦ routine preventative examinations and check-ups; or</li> <li>◦ genetic screening tests to check whether:</li> </ul>	(gg)	<p><b>short/longsightedness and causes</b></p> <p><b>we do not cover any treatment to correct long sightedness, short sightedness or astigmatism.</b> However, we do cover treatment to correct astigmatism if the astigmatism is due to surgical replacement of the lens of the eye.</p>
			(hh)	<p><b>social, domestic and other costs unrelated to treatment</b></p> <p><b>we do not cover the costs that you pay for social or domestic reasons, such as but not limited to travel or home help costs. This includes if your in-patient stay is extended for a reason not related to your treatment, and you could have that treatment as an out-patient.</b> <b>We do not cover the costs of home visits unless a home visit is necessary because of the sudden onset of an acute condition that means you're not able to have your treatment, or consultation in a medical clinic or consulting room.</b></p>
			(ii)	<p><b>special nursing</b></p> <p><b>special nursing in hospital unless we have agreed beforehand, in writing, that it is necessary and appropriate;</b></p>
			(jj)	<p><b>special terms</b></p> <p><b>any treatment specifically excluded by the terms shown on your Certificate of Insurance or any terms added to your policy in respect of pre-existing or chronic conditions or similar;</b></p>
			(kk)	<p><b>sports and activity related treatment</b></p> <p><b>we do not cover treatment of injuries that are as a result of training for or taking part in any sport for which you:</b></p> <ol style="list-style-type: none"> <li>are paid; or</li> <li>receive a grant or sponsorship (we do not count travel costs in this) or are competing for prize money.</li> </ol>

		<p><b>we do not cover treatment of injuries that are sustained when taking part in the following sports and activities:</b></p> <ul style="list-style-type: none"> <li>i) base jumping</li> <li>ii) cliff diving</li> <li>iii) flying in an unlicensed aircraft</li> <li>iv) free climbing</li> <li>v) scuba diving to a depth of more than 10 metres, or to a depth of more than 30 metres if <b>you</b> hold an appropriate diving qualification or <b>you</b> are being instructed by an appropriately qualified diving instructor, for example an instructor recognised by PADI (Professional Association of Diving Instructors)</li> <li>vi) any activity at a height of over 5,000 metres above sea level</li> <li>vii) canyoning</li> <li>viii) skiing off piste, or any other winter sports activity carried out off piste without an instructor with the appropriate qualifications</li> </ul>
(ll)	sterilisation	<p><b>we do not cover:</b></p> <ul style="list-style-type: none"> <li>◦ sterilisation, or any consequence of being sterilised; or</li> <li>◦ reversal of sterilisation, or any consequence of a reversal of sterilisation;</li> </ul>
(mm)	substance abuse	<b>treatment</b> which arises from or is in any way connected with alcohol abuse or drug or substance abuse whether or not relating to psychiatric disorders;
(nn)	terrorist act	any act of violence by an individual terrorist or a terrorist group to coerce or intimidate the civilian population to achieve a political, military, social or religious goal.
(oo)	time limit	<b>treatment</b> for any <b>member</b> for a total of more than 180 days in any year whether for out-patient <b>treatment</b> , in-patient <b>treatment</b> , daycare <b>treatment</b> or home nursing or any combination of them;
(pp)	traveling abroad	if the <b>member</b> leaves the country where he/she normally lives for more than 180 days in any year. <b>We</b> will not pay <b>benefits</b> and reserve the right to cancel the <b>member's</b> policy;
(qq)	treatment abroad	in respect of a <b>member</b> who has travelled outside the area of cover to get <b>treatment</b> (whether or not that was the only reason) or travelled against medical advice. Emergency <b>treatment</b> or <b>treatment</b> of a medical condition which arises suddenly while outside the <b>member's</b> area of cover is limited as shown on <b>your benefits</b> table.
(rr)	treatment that is not medically necessary	like most health insurers, <b>we</b> only cover <b>treatment</b> that is medically necessary. <b>We</b> do not cover <b>treatment</b> that is not medically necessary, or that can be considered a personal choice;
(ss)	TVT	any <b>treatment</b> or surgical procedure in respect of Tension Free Vaginal Taping (TVT) or stress incontinence of any kind, unless the <b>member</b> has been insured by <b>us</b> under this <b>policy</b> for a continuous period of six months prior to symptoms, that lead to the <b>treatment</b> or surgical procedure, becoming apparent. All such <b>treatment</b> or surgical procedure must be preauthorised by <b>us</b> ;
(tt)	UK treatment and limitations	in-patient or daycare <b>treatment</b> or <b>treatment</b> by a specialist in the United Kingdom unless it is received in a <b>hospital</b> listed in <b>AXA Global Healthcare's</b> network and/or the <b>medical practitioner</b> giving the <b>treatment</b> is recognised by <b>us</b> before <b>treatment</b> has commenced and/or <b>we</b> have agreed to the use of the <b>hospital</b> and/or <b>medical practitioner</b> and <b>you</b> have notified <b>us</b> before <b>treatment</b> commences and <b>we</b> have agreed to use the <b>hospital</b> and/or the <b>medical practitioner</b> in writing;
(uu)	unlisted procedures	any surgical procedure which is not listed in the <b>schedule of procedures</b> unless <b>we</b> have agreed, in writing, beforehand;

(vv)	unreasonable charges	<p>charges which are unreasonable or excessive. If <b>your treatment</b> is covered by <b>your</b> policy, <b>we</b> will pay reasonable charges for a standard, single room with bath or shower. <b>We</b> will also pay for <b>your</b> standard menu choices. Please see our definition of reasonable and customary charges on page 7 and under each page of the <b>benefits</b> table;</p> <p>What is not covered at the hospital?</p> <p><b>We</b> will not pay for:</p> <ul style="list-style-type: none"> <li>◦ upgrades to <b>your</b> room; or</li> <li>◦ food or drink choices that are not on the standard menu; or</li> <li>◦ costs that would not normally be charged to a person staying in a standard, single room with bath or shower;</li> <li>◦ visitors' accommodation or meals; or</li> <li>◦ special nursing unless <b>we</b> have agreed that it is necessary first.</li> </ul>
(ww)	varicose veins	<p><b>we</b> do cover <b>treatment</b> of varicose veins, but only in certain circumstances. What is covered?</p> <p><b>We</b> will cover one surgical procedure per leg to treat varicose veins, for the lifetime of <b>your</b> membership with <b>us</b>. This may be foam injection (sclerotherapy), ablation or other surgery.</p> <p><b>We</b> will cover one follow up consultation with <b>your</b> <b>medical practitioner</b> and one simple injection sclerotherapy per leg to treat residual or remaining veins when it is carried out in the 6 months after you've had the main surgical procedure.</p> <p>What's not covered?</p> <p><b>We</b> do not cover more than one surgical procedure per leg, regardless of how long <b>you</b> stay a <b>member</b> with <b>us</b>.</p> <p>There is no cover for the <b>treatment</b> of recurrent varicose veins under <b>your</b> policy.</p> <p>There is no cover for the <b>treatment</b> of thread veins or superficial veins;</p>
(xx)	vegetative state treatment	<p><b>treatment</b> whilst staying in a <b>hospital</b> for more than ninety (90) continuous days for permanent neurological damage or if <b>you</b> are in a persistent vegetative state. If a <b>member</b> is in a vegetative state for a continuous period of four (4) weeks with no sign of improvement, when all reasonable attempts have been made to alleviate this condition or there could be no recovery, they will be considered to be in a persistent vegetative state. Vegetative state is a state or condition of profound non-responsiveness with no signs of awareness or consciousness or a functioning mind even if the person can open their eyes and breathe unaided, or the person does not respond to stimuli such as calling their name or touching.</p>
(yy)	nuclear, biological or chemical contamination and war risk	<p><b>we</b> do not cover <b>treatment</b> you need as a result of nuclear, biological or chemical contamination.</p> <p><b>We</b> do not cover <b>treatment</b> you need as a result of <b>your</b> active involvement in war (declared or not), an act of a foreign enemy, invasion, civil war, riot, rebellion, insurrection, revolution, overthrow of a legally constituted government, explosions of war weapons, or any similar event.</p> <p><b>we</b> do not cover <b>treatment</b> you need because <b>you</b> have put <b>yourself</b> in needless peril, such as going to a place of unrest as an onlooker.</p> <p><b>we</b> do cover <b>treatment</b> due to a terrorist act so long as the act does not cause nuclear, biological or chemical contamination.</p>
(zz)	weight loss treatment	<p><b>we</b> do not cover <b>treatment</b> for weight loss surgery.</p> <p>What is not covered?</p> <p><b>We</b> do not cover any fees for any kind of bariatric (weight loss) surgery, regardless of why the surgery is needed. This includes fitting a gastric band, creating a gastric sleeve, or other similar <b>treatment</b>.</p>

#### 4. Making claims

We will assess all claims for eligibility against the benefits of your plan. In respect of claims for medical conditions for which symptoms might reasonably have become apparent prior to inception of your policy, we may require you to provide additional medical information, at your cost, in such cases. Please refer to page 7 for details of how to make a claim

4.1	Pre-authorisation	The member must tell us before he or she undergoes in-patient, or daycare treatment or the scans shown on page 6. You must pre-authorise any treatment shown in the benefits table as being subject to pre-authorisation and benefit will only be paid if such treatment has been pre-authorised by us. In cases of medical emergency special arrangements will apply. See page 6.		share of the benefits) however in paying those benefits we obtain both through the terms of the policy and by law a right to recover the amount of those benefits from the third party. In this case the following shall apply: a) you must tell us as quickly as possible that the injury or medical condition was caused by, or was the fault of, a third party. We will then send you a form on which the member can give us full written details; b) if you or the member is making a claim, or has not made (or refuses to make) a claim against the third party, you or the member must act in good faith and do all the things we shall require to ensure that monies are recovered from the third party and are repaid to us up to the amount of the benefits we have paid (and any interest). You will be asked to sign a written undertaking to this effect; and c) if you or the member do not repay to us monies recovered from the third party up to the amount of benefits (and any interest), we shall be entitled to recover the same from you or the member.
4.2	Supplying full information	Before we can consider a claim, you must ensure that: <ul style="list-style-type: none"> <li>the member sends us a completed claim form as soon as they can and no later than 90 days from the date the treatment starts; and</li> <li>we receive original numbered invoices, accompanied by any appropriate numbered fiscal receipt where applicable, for treatment costs; and</li> <li>the member promptly gives us all the information we may request including:  <ul style="list-style-type: none"> <li>diagnostic test results; and</li> <li>any reports we may ask for from any third party including any information from a medical practitioner. This is provided at the member's expense.</li> </ul> </li> </ul> We may ask you to provide more information, for example from your medical practitioner. You or your medical practitioner must provide us with the information we ask for as soon as reasonably possible so that we can assess your claim. We will pay you the cost of the treatment we cover. If it turns out that your treatment or part of it is not covered, we will not reimburse you for the cost of the treatment that is not covered.	4.4 Subrogated rights	We, or any person or company that we nominate, have subrogated rights of recovery of the policyholder or any family members in the event of a claim. This means that we will assume the rights of the policyholder or any family member to recover any amount they are entitled to that we have already covered under this policy. For example, we may recover amounts from someone who caused injury or illness, or from another insurer or a state healthcare provider. The policyholder must provide us with all documents, including medical records, and any reasonable assistance we may need to exercise these subrogated rights. The policyholder must not do anything to prejudice these subrogated rights. We reserve the right to deduct from any claims payment otherwise due to you an amount that will be recovered from a third party or state healthcare provider.
4.3	Other insurance and our right of recovery	What to do if your claim relates to an injury or medical condition that was caused by another person If your claim relates to an injury or medical condition that was caused by another person, they may be liable to pay some of the costs of your claim. This means you must tell us as quickly as possible if you believe a third party caused the injury or medical condition, or if you believe they were at fault. If we need further information, we may contact you or the third party. We will pay our proper share of the claim and recover what we pay from the third party. We do this so we can keep the cost of premiums down. It also means that you can be repaid for any costs you paid yourself, or if you paid for private treatment that wasn't covered by your policy. You must include all amounts (including interest) paid by us in respect of the injuries in your claim against the third party. You (or your solicitors) must keep us informed: <ul style="list-style-type: none"> <li>on the progress of your claim and any action against the third party or any pre-action matters</li> <li>on the progress of and outcome of any action or settlement discussions, including providing us with access to the details of any settlement reached.</li> </ul> Repaying us if the third party pays you If we have paid you for your claim and you are subsequently paid by the third party, you must repay us within 21 days of being paid by the third party. The amount you must repay depends on what you are paid: <ul style="list-style-type: none"> <li>if the third party settles in full, you must repay our payment to you in full; or</li> <li>if the third party pays you a percentage of your claim for damages, you must repay us the same percentage of our payment to you; or</li> <li>if your claim is paid as part of a global settlement and our payment to you is not individually identified, you must repay us the same proportion that the global settlement is of your total claim for damages against the third party.</li> <li>if you are paid interest by the third party, you must include that when working out what to pay us.</li> <li>if you do not repay us, we will be entitled to recover what you owe us from you and your policy may be cancelled in accordance with section 4.6.</li> </ul> The rights and remedies in this section are in addition to and not instead of rights or remedies provided by law. <ul style="list-style-type: none"> <li>if benefits are claimed for treatment to a member whose injury or medical condition was caused by some other person (the "third party"), we will pay those benefits the member can claim under the policy (unless they are covered by another insurance policy, when we will only pay our proper</li> </ul>	4.5 Appointment of independent medical practitioners  4.6 Dishonesty/false claims	We can appoint and pay for an independent medical practitioner to advise us on the medical issues relating to any claim. If required by us the independent medical practitioner will also medically examine the member making the claim and provide us with a report. The member must co-operate with the independent medical practitioner otherwise we will not pay the claim.  What happens if you break the terms of your policy If you break any terms of your policy that we reasonably consider to be fundamental, we may do one or more of the following: <ul style="list-style-type: none"> <li>refuse to pay any claims;</li> <li>recover from you any loss caused by the break;</li> <li>refuse to renew your policy;</li> <li>impose different terms to your cover;</li> <li>end your policy and all cover immediately.</li> </ul> If you (or anyone acting on your behalf) claim knowing that the claim is false or fraudulent, we can refuse to pay that claim and may declare your policy void, as if it never existed. If we have already paid the claim, we can recover what we have paid from you. If we pay a claim and the claim is later found to be wholly or partly false or fraudulent, we will recover what we have paid from you.
			4.7 Paying claims in currencies other than the BGN	If we agree to pay benefits in a local currency other than the BGN the currency will be converted using the closing mid-point exchange rate published in the Financial Times Guide to World Currencies current when we assess the claim. All payments will be subject to any exchange control regulations that may be in force at the time of payment. Charges from your bank You should contact your own bank to find out if they will make any charges for you to send or receive money, or to exchange currency. Any charges from your bank are not covered by your policy. Please note: We reserve the right to amend our currency conversion arrangements if required to do so by any change emanating from the Bulgarian National Bank. Please refer to clause 7.1.
			4.8 Ex-gratia payments  4.9 To whom we pay	Any benefit payments made by us which are made on an "ex-gratia" basis and to which, therefore, you are not entitled shall count against any maximum annual limits applicable in respect of any benefit. Any ex-gratia payment that we make does not, in any event, establish a precedent for the payment of future claims even if such claims are for treatment of any of the original conditions for which the ex-gratia payment was made.  We will pay benefits to you unless you have notified us otherwise in writing.

## 5. Joining, renewing and adding children

5.1	<b>When cover starts</b>	We will tell you in writing the date your policy starts and any special terms which apply to it. Please note that this is subject to our receiving and accepting your premium. However, policy inception may occur after we have accepted your premium. You will only be able to claim benefits for treatment received after the inception date shown on your Certificate of Insurance whether or not your premium has been paid in advance. We can refuse to give cover and will tell you if we do.
5.2	<b>Policy period</b>	Your policy is for one year. At the end of that time, provided the plan you are on is still available, you can renew it on the terms and conditions applicable at that time which we will notify to you. However, we reserve the right to refuse to accept you as a customer or to renew your policy at any policy anniversary. We will not exercise this right as the result of a member's claims experience or altered state of health.
5.3	<b>Policy period for additions and deletions</b>	Benefits for any member who is added to a policy during the year will cease at the next renewal and a new policy year will begin for that member at the next renewal. Benefits for any member whose membership is terminated for any reason during the year will cease with effect from the date of termination (please also see clause 7.2).
5.4	<b>Notice of cancellation at anniversary date</b>	Unless we and you have agreed before the end of the year to renew the policy, cover will cease on the anniversary date. This will happen whether or not written notice of cancellation has been given by us to you.
5.5	<b>Addition of children</b>	<p>If a child is born during a policy year and you wish that child to qualify as a member, without providing evidence of health, you must ask us for this in writing within 90 days of the birth. Children born as the result of any method of assisted conception (except artificial insemination) or adopted children will have to provide evidence of health. Please also see page 10.</p> <p>We have explained these limits in the following paragraphs.</p> <p>Babies born after fertility treatment, or following assisted reproduction, or who you have adopted</p> <p>You can add a baby born after fertility treatment, or following assisted reproduction (such as IVF), or who you've adopted, to your policy. As with most health insurance, our cover for treatment has a few limits in these situations.</p> <p>If you have adopted a baby, or if you have a multiple birth after fertility treatment or following assisted reproduction:</p> <ul style="list-style-type: none"> <li>◦ we may ask for more details of the baby's medical history</li> <li>◦ we will not cover treatment in a Special Care Baby Unit or pediatric intensive care immediately after the birth</li> <li>◦ we may add other conditions to the baby's cover. For example, we may limit their cover for pre-existing conditions.</li> </ul> <p>We count fertility treatment as either parent taking any prescription or non-prescription drug or other treatment to increase fertility.</p>
5.6	<b>Termination of cover for children on a parent's policy</b>	Cover for a dependant child will stop at the end of the year following that child's marriage or the child's moving out of your home or that of the child's other parent. Once a dependant child reaches the age of 21 years he/she will no longer be eligible for cover under a parent's policy. Thus, cover under the parent's policy will cease for that child at the policy anniversary immediately following the child's 21st birthday. The child may apply, at that time, for a policy of his/her own on the basis of continuing personal medical exclusions. This means that the medical exclusions (special terms) applying to that child will be transferred to his/her new policy and will apply as they did under the parent's policy. Please refer to page 9 for our rules on upgrading cover.

## 6. What we expect from you

6.1	<b>Giving full information</b>	<p>Whenever we ask you to give us information, you will make sure that all the information you give us is sufficiently true, accurate and complete for us to be able to work out the risk we are considering. If we later discover that it is not, we can cancel your policy or apply different terms of cover in line with the terms we would have applied if the information had been presented to us fairly.</p> <p>If it is not, then we can cancel the policy or apply different terms of cover or any of the terms of clause 7.2.</p>
6.2	<b>Notifying us of a change of residence</b>	<p>This policy is available to persons for whom the country where they normally live is Bulgaria.</p> <p>You must tell us if a member will be outside the country where they normally live for more than 180 days in a year or if they intend to change the country where they normally live even if they are staying in the same area. If you don't tell us, we can refuse to pay benefits. We are not able to provide insurance in some countries, so it's your responsibility to check that your cover is still valid if you move.</p> <p>Students (up to the age of 28) normally resident in Bulgaria, but who are in full-time education abroad, may reside outside Bulgaria for more than 180 days in a year. However, proof of full-time education must be provided on application and at each subsequent renewal.</p> <p>Students intending to reside outside Bulgaria for more than 180 days in a year will be required to contact us to discuss the options available.</p>
6.3	<b>Payment of the premiums</b>	You must pay your premium when it is due. We will decide the amount at the start of each year and tell you how much it is. You can pay it in the way you have agreed with us. We can change the amount of your premium during a year to reflect any change in insurance premium tax or other taxes, but we will tell you of the change. As your policy runs for a year you must pay your premium for the whole year no matter how it is paid. If your premium payments are not up to date your policy will end.
6.4	<b>Notifying us of a change of address</b>	You must write and tell us if you change your address. You are acting on behalf of any member covered by your policy so we will send all correspondence about the policy to your address.
6.5	<b>Complaints procedure</b>	If there is a dispute between you and us, we have a complaints procedure set out on page 35 of this handbook which you must follow so that we can resolve it.
6.6	<b>Courtesy</b>	Our staff are highly trained to treat all of our customers with consideration and courtesy. We request that you similarly treat us with the same consideration. Any threats, verbal or otherwise made to our staff will be taken extremely seriously. Any such action on the part of a member may result in the immediate cancellation of your policy. We reserve the right to record all telephone calls and interactions between our staff and members be they face-to-face or written. Such recordings will primarily be used for quality and training purposes but may also be used as evidence of unwarranted abuse. We reserve the right to act on such evidence. Such action may include immediate termination of a policy and/or referral to the authorities.

## 7. General

7.1	Changing the terms of policy	<p>We can change all or any part of the policy, including the <b>benefits</b> table or these terms, but only for the reasons shown in <b>your</b> handbook and the changes will only apply to <b>you</b> when <b>you</b> renew. <b>We</b> will give <b>you</b> reasonable notice of the changes and will send details of them to the address <b>we</b> have for <b>you</b> in our records. The changes will take effect from when <b>you</b> renew even if, for any reason, <b>you</b> don't receive details of them. Notwithstanding this, in the event of a chronic condition being diagnosed and not listed as those detailed and covered in benefit 10 on page 16 becoming apparent during the year or any breach in accordance with clause 7.2, <b>we</b> reserve the right to apply terms to <b>your</b> policy with immediate effect.</p> <p>Currency of the policy</p> <p>The insurance contract is concluded in Euro only, with the insurance limits and the insurance premium being set in Euro, but the payments can be:</p> <ul style="list-style-type: none"><li>◦ Insurance premiums - in Euro or their equivalent in BGN based on the official exchange rate EUR/BGN as established by the Bulgarian National Bank.</li><li>◦ Insurance indemnities - in BGN based on the official exchange rate EUR/BGN as established by the Bulgarian National Bank.</li></ul>
7.2	Our options if you break the terms of your policy	<p>What happens if <b>you</b> break the terms of <b>your</b> policy</p> <p>If <b>you</b> break any terms of <b>your</b> policy that <b>we</b> reasonably consider to be fundamental, <b>we</b> may do one or more of the following:</p> <ul style="list-style-type: none"><li>◦ refuse to pay any claims;</li><li>◦ recover from <b>you</b> any loss caused by the break;</li><li>◦ refuse to renew <b>your</b> policy;</li><li>◦ impose different terms to <b>your</b> cover;</li><li>◦ end <b>your</b> policy and all cover immediately.</li></ul> <p>If <b>you</b> (or anyone acting on <b>your</b> behalf) claim knowing that the claim is false or fraudulent, <b>we</b> can refuse to pay that claim and may declare <b>your</b> policy void, as if it never existed. If <b>we</b> have already paid the claim, <b>we</b> can recover what <b>we</b> have paid from <b>you</b>.</p> <p>If <b>we</b> pay a claim and the claim is later found to be wholly or partly false or fraudulent, <b>we</b> will recover what <b>we</b> have paid from <b>you</b>.</p>
7.3	Bulgarian jurisdiction	<p>This policy is deemed to be a Bulgarian contract and will be governed by and in accordance with the laws of Bulgaria.</p>
7.4	'Cooling-off' period	<p>Please note as <b>we</b> have made <b>you</b> a clear offer of insurance which <b>you</b> have accepted, no 'cooling-off' period applies to <b>your</b> policy.</p>
7.5	Written confirmation	<p>The terms of <b>your</b> policy cannot be changed nor claims authorisation given by verbal communication between <b>you</b> and <b>us</b>. Any changes, approvals or other statements relating to <b>your</b> policy must be confirmed in writing by <b>us</b>. <b>We</b> are not bound by any verbal commitment not confirmed by <b>us</b> in writing.</p>
7.6	Waiver of terms	<p>If <b>we</b> do not at any time apply or enforce any of the terms of this policy this will not prevent <b>us</b> from doing so at a later date.</p>
7.7	International economic sanctions	<p><b>We</b> will not do business with any individual or organisation that appears on an economic sanctions list or is subject to similar restrictions from any other law or regulation. This includes sanction lists, laws and regulations of the Government of Bulgaria, European Union, United Kingdom, United States of America, or under a United Nations resolution.</p> <p>If <b>you</b> or a family member are directly or indirectly subject to economic sanctions, including sanctions against the country where <b>you</b> normally live, <b>we</b> reserve the right to do any of the following:</p> <ul style="list-style-type: none"><li>◦ immediately end cover (even if <b>you</b> have permission from a relevant authority to continue cover or pay premiums)</li><li>◦ stop paying claims on <b>your</b> policy (even if <b>you</b> have permission from a relevant authority to continue cover or pay premiums)</li><li>◦ cancel <b>your</b> policy or remove a family member immediately without notice.</li></ul> <p><b>We</b> will tell <b>you</b> if <b>we</b> do any of these. If <b>you</b> know that <b>you</b> or a family member are on a sanctions list, or subject to similar restrictions, <b>you</b> must let <b>us</b> know within seven days of finding this out.</p>

## YOUR CUSTOMER CHARTER

As a valued customer of **Bulgaria Insurance**, **you** have important rights and entitlements. **You** are entitled to expect:

### Courtesy.

**Your** requirements will always be dealt with promptly, considerately and courteously. No customer query is too trivial or too much trouble to sort out.

### Helpful advice and guidance.

**Our** staff will help **you**, if **you** have any doubts, to understand the terms of **your** contract and any other factors which affect **your** cover. They will help **you** to make proper use of **your** cover should **you** need to make a claim.

### Confidential handling of your personal details and affairs.

Any medical details **we** require will usually be requested via **yourself** and will be kept confidential. **We** will adhere, at all times, to our obligations under the Data Protection Act and the General Data Protections Regulation (referred to as GDPR). More information can be found in the Policy for exercising the rights of data subjects on our website ([www.bulgariainsurance.bg](http://www.bulgariainsurance.bg)). **Your** policy is underwritten by **Bulgaria Insurance** and re-insured by AXA PPP healthcare Limited. Elements of **your** plan are administered by AXA - Global Healthcare. **We** also have a legal obligation to do things such as report suspected crime to law enforcement agencies. **We** also do some processing because it helps **us** run our business, such as research, finding out more about **you**, statistical analysis for example to help **us** decide on premiums. The AXA - Global Healthcare privacy policy can be found at <https://www.axaglobalhealthcare.com/globalassets/shared/documents/agh-eu-privacy-policy.pdf>.

### Advance notification of change in cover.

Essential changes to the terms of the cover (including benefits, premiums and **your** membership agreement) will be notified to **you**, in writing, in advance of the date from which the changes take effect, usually **your** annual renewal.

### Professional and efficient service.

All requests for assistance and any claims **you** submit will be considered impartially (without any bias or preference) in accordance with the benefits and membership agreement of **your** plan.

## IF YOUR ARE NOT SATISFIED WITH BULGARIA INSURANCE

### Complaints Procedure

**Our** Complaints Procedure is as follows:

**The policyholder or member must follow this process, step by step, to ensure that any concerns are dealt with as swiftly as possible and to protect the member's rights. Any member wishing to make a complaint must notify the policyholder, which may be your employer or sponsor, before contacting us. We are obliged to discuss any complaint with the policyholder.**

With the best will in the world, concerns about some aspects of our service can occasionally arise. **Our** staff has wide authority to deal with and settle issues immediately where possible. **We** will do everything **we** can to help.

**Your first point of contact should always be our Health Insurance Department.**

If **you** find it necessary to pursue the matter further, please proceed with a formal written complaint to:

Complaints Management Officer  
Bulgaria Insurance  
Health Insurance Department  
83A Bulgaria Blvd., 1404 Sofia, Bulgaria Tel: +359 (0) 700 13 555

who will investigate the matter independently.

Having received a reply from the Complaints Management Officer, if **you** are still not happy with the way in which a complaint has been handled, **you** may then write to:

Board of Directors  
Bulgaria Insurance  
83A Bulgaria Blvd., 1404 Sofia, Bulgaria

If **you** are still dissatisfied after pursuing all the stages of the complaints procedure, **you** may request arbitration. In this case **we** will refer **your** complaint to an independent arbitrator or to an arbitrator upon which **we** jointly agree, but who will not be a **member** of Bulgaria Insurance or AXA PPP healthcare Limited or their associated companies, and whose decision will be binding on both parties. Arbitration will take place in Bulgaria.

The same right of referring a complaint to arbitration can be exercised by **us** at any stage of the complaints procedure. The relevant decision will be made by the Global Head of Partnerships – AXA Global Healthcare (UK) Limited.

**Important note: None of the above affects your rights to refer your complaint to an authorized ombudsman in Bulgaria, or to take further legal action.**

Please remember to quote **your** membership number on all correspondence.

Insured by



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[www.bulgariainsurance.bg](http://www.bulgariainsurance.bg)  
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Financial Supervision Commission  
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